

## Inner subtle knowledge for outer obvious management

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**Abstract:** The purpose of this paper is to relate knowledge management of outer world to wise innate world. This concept we understand from ancient times, in traditional ways we used to call knowledge as Vedas, puranas, khuran, bible etc but in modern terms knowledge called as theories, research etc.

Basically we all know knowledge has established inside: - you may heard the story, when lord of knowledge wanted to hide knowledge where man can't go & find. So many suggestion came like we can hide in ocean, we can hide in earth, we can hide in ether but lord said man can reach to all these limits, we need to find a place where man can't find so finally they decided to keep this knowledge within man only. Man always search everywhere but sometimes it looks inside. When it is reach to the innate level that time we can call as **knowledge enrichment & its implementation called knowledge management.**

Like every organization always focus on external profit, productivity, output etc which are directly related to the internal contribution. If the internal is not strong we can't achieve outer or external things. So many companies have implemented new strategies like Kaizen, JIT etc they have grown in it & achieve maximum heights in corporate world. These are all visible things which can realize best but it has come from innate knowledge. So in this paper we will cover tangible as well as intangible sources of knowledge.

The things go mechanically when we are not connecting to the inner knowledge world. But naturally it resides in us for every moment of social, physical, mental, professional life. As per the medical science, energy resides as knowledge in sacrum bone from a point of our birth. This energy gives pure knowledge in every hierarchy said by Maslow's, the no of this energy is  $21 \times 10^{108}$ . One cell of this energy gives knowledge which man is having in this today's modern world now we may be able to imagine or we may not be for all the cells.

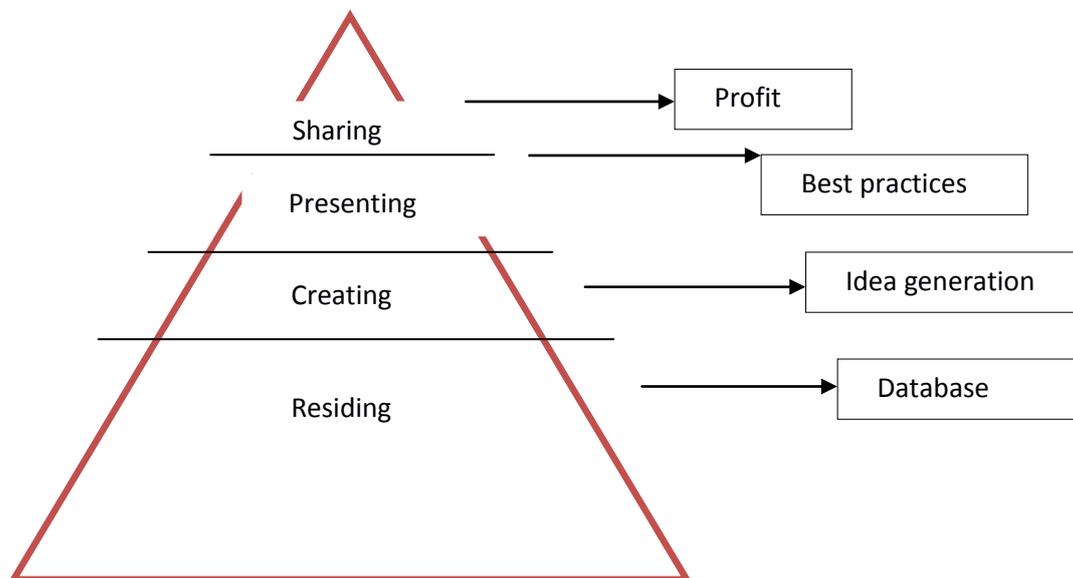
This enegy gives man pure & absolute knowledge which is to be plan & manage. It may be our social, physical, mental, professional, corporal, business life. So theme of this paper is to focus on internal & external sources of knowledge.

**Key words:** Knowledge, energy sources, internal, external, management

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Three most important things in management are knowledge, skills, and attitude. Until & unless man having knowledge, it can't have skills & attitude. Knowledge is there to grow, flow & create value in an organization. This involves database, idea generation, best practices, profit etc

For achieving such involved things we need to have the innate base that explains in below diagram.



Knowledge **resides** in every human resource, as medical science said in every human being has a residual energy which has  $21 \times 10^{108}$ . These many cells in our subtle system, if some of the cells rises up & gives energy then personalities like Shakespeare, William Blake, Abraham Lincoln, Rabindranath Tagore, Aaryabhata, etc These personalities establishes their benchmark in the world by their knowledge. In medical science the sacrum bone spiritually called as spiral or coils in which this energy resides from our birth. After coming out from mother's womb & during life span it depends on human being for such questions of How, When, Where, Why, Which. All the questions get their answers if human beings get connected with this subtle spiral energy. In organization this resides knowledge is their database of talents, competencies, career plan, stress manage, appraisal, development. This subtle energy enhances all the capabilities of human resource to reach the ultimate heights of excellence & heights of profit for organization. It makes simple to have right person for the right job at the right time.

Knowledge **creates** all the new things which we used to called creativity, human being itself a creative work. A subtle energy gives human beings a creative function in every aspect of life physiological, social, mental, professional, spiritual etc. In medical terms the subtle energy name as Eortic plexus which converts energy from the food what we eat & supplies to brain for all the function. This point subtle energy gives urge, curiosity to know learn more. Above this there is other subtle energy centre that solar plexus which establishes satisfaction.

Every organization needs creativity in the form of Idea generation. There are so many companies in the world who reaches to the top only because of idea generation. Creativity gives identity to human resource, to team, to department, to organization. Creativity (ideas) can come any corner the organization, it may from bottom or top. This enhances the motivation & retention; this gives sense of responsibility towards organization's goal. This practice gives innate satisfaction for their contribution. This can achieve through only innate subtle power of every human resource.

Knowledge **resides, creates** but until & unless it is **presented** it has no value in outer world. As per cognitive science there is energy resides in cardiac plexus which place in centre of the heart which gives confidence to present & this energy centre enlightens desires, attention, affection. It all happens in subtle system.

This presentation is having importance in organization which doesn't require any force to do. It gives love to do job, it gives confidence to make good relationship with colleagues which makes strong bonding. This energy centre & its knowledge make open hearted personnel which will be values addition for organization. With this knowledge "Open door policy" of HR can successfully run.

Knowledge **resides, creates, presented** but it will have more value when it is going to be **shared**. It is that principle of innate subtle energy which enhances skills, attitude in outer world. Person who shares happiness & joy with everyone we always like such persons. Gaining knowledge is input but giving or sharing knowledge is output or outcome of this subtle energy. This energy helps to come out form the conservative area & make humans beings social. Optic chiasma is that part of this subtle energy which encompasses forgiveness which solves 98% problems of human beings.

"More you share knowledge, more will increase it" sharing is useful in an organization which removes all the ego problems & makes a healthy corporate environment. Sharing by innate builds healthy intra relation with each other. It helps to establishes all extrinsically factors said by Herzberg. It may by trainings, games, tasks etc but it must be in every level of an organization.

Question may arise that

How all these stages of knowledge we can reach?

From which energy source this knowledge comes?

Where it is placed innate?

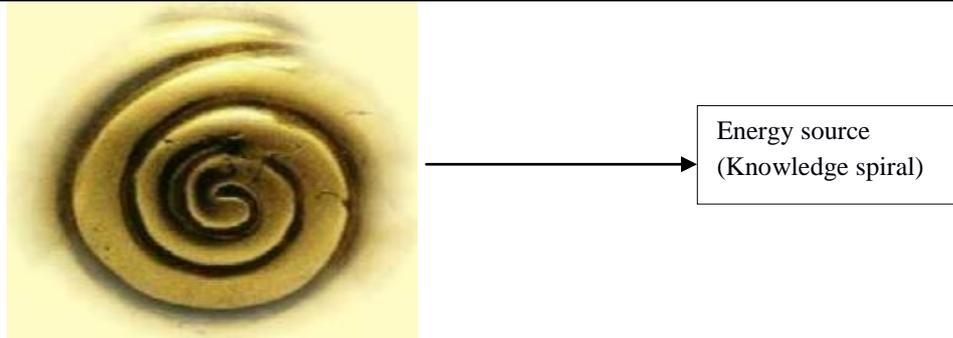
Why it is important for knowledge management?

Who can make our contact with this energy source of knowledge?

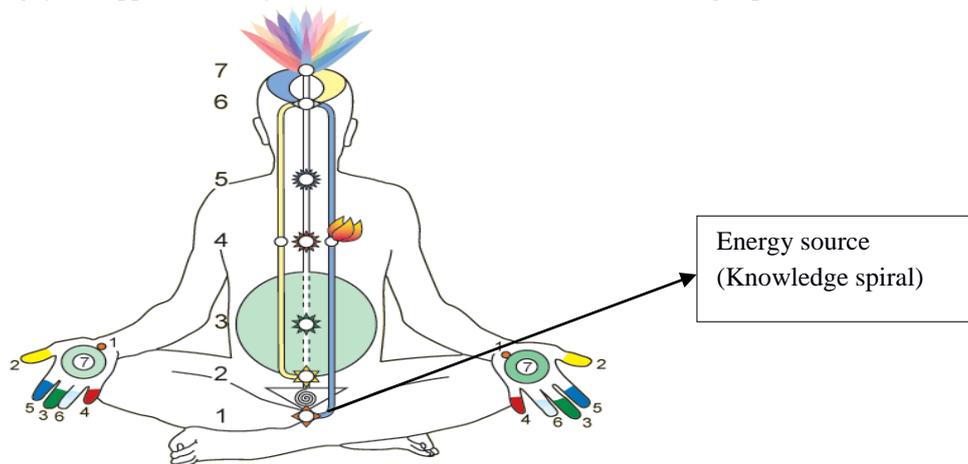
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For all the questions following diagram will give answers.

Let's see, different aspects of knowledge spiral.



In above diagram, the arrow shows the energy source which commonly called kundlini or spiral inside the human beings which placed only for evolution. Human beings used spend time in social, physiological, security, esteem needs said by Maslow. But the last stage of human beings where they get absolute knowledge of themselves i.e. **self actualization**, it is that stage of human beings where purest form of energy recites, unites & gives joy, happiness of life. It may be social, professional, corporate or organizational levels. The starting point of the joy or happiness is only start from innate i.e. Kundlini (knowledge spiral).



Scientifically it has been prove this spiral is having  $21 \times 10^{108}$  cells which divide into different plexus to give certain powers of energy. Spiral gives:

Innate knowledge	Outer professional
Purity in character	Transparency in work
Creativity	Ideas generation
Satisfaction, contentment	Make others happy
Self confidence, love, affection	Making good relationship
Sweetness	Harmony in character
Forgiveness	Anger less

Innate knowledge gives by spiral which can implement in outer world only relaxing or meditating in it. The self actualization make outer things in existence when human resource get actual MASTER to teach this union of subtle powers & the ultimate almighty of this universe.

In above picture, spiral gives energy on different energy centers which gives following powers for all the parts of life.

**Effects of Self-realization (spiral Knowledge)**

- Cool breeze over the whole body - and on the palms of your hands and on the top of your head (fontanel bone area)
- Thoughtless awareness - Nirvichara Samadhi
- Awareness of energy centers and channels- Collective Consciousness,
- The left & right sympathetic nervous system are brought into balance resulting in to a person achieving balance between own desires & actions. (Physical & mental disorders are cured),
- The energy centers are healed & established resulting in to restoring long term physical, mental & emotional health,

- Dignity, balance, sense of direction & 'Inner' wisdom,
- Connected to the inner fountain of inspiration,
- Correct behaviour, inner sense of morality,
- Rid yourself of bad habits, laziness, etc.
- Sense of responsibility, Complete security and trust,
- Soft and compassionate voice, Pure relationships,
- Removal of anger, hatred and resentment,
- Highest point of the evolution of human consciousness, direct and absolute perception of reality in our central nervous system.

Thousands of human resources achieved heights of excellence in knowledge in their fields in the modern world including students, youngsters, scientist, doctors, corporate people etc.

It is that cognitive science commonly called as "SAHAJAYOGA meditation" of knowledge if it placed if life, it always cherish by forgetting past situated in present.

To reach all the above benefits of innate knowledge for outer obvious management one person is doing her work called as Self-realization – divine present to humanity.

For such knowledge heights, it takes few seconds to get by SAHAJAYOGA meditation technique but to placed & established in it, it requires only pure desire of human being & the authorized person to give. There are so many people to talk but only one is there to make this thing happen which is scinetificly proved.

#### Dr.Nirmala Shrivastava(Shrimataji Nirmala Devi)



- Born March 21, 1923, in India
- Daughter of Prasad & Cornelia Salve,
- "Quit India" movement activist
- Studied medicine and psychology at the Christian Medical College in Lahore
- Married to Sir C.P. Shrivastava
- Born with complete Self-realization
- May 5, 1970 - at the ocean near Nargol
- Unique process of Self-realization
- Inner transformation

#### Scientific Research Findings

Doctors have studied & confirmed the positive effect of SAHAJA YOGA on heart rate, blood pressure, level of the blood lactic acid recognized as a stress indicator.

#### Acknowledgements

- Delhi University has accepted SAHAJAYOGA as a subject of study.
- Research has been conducted in the Lady Hardinge Medical College Delhi & various hospitals in US & Russia.
- Indian Medical Association (IMA) has accepted SAHAJAYOGA as an alternative medicine for psychosomatic diseases.

#### Corporate who have benefitted from SAHAJA YOGA meditation programs

- NASA, USA
- IBM,
- Synopsys (I) pvt ltd Hyderabad,
- Reliance Industries,
- ING Vysya Insurance,
- BSNL Hyderabad.
- Subject in G.H.Raisoni College of Engineering Nagpur.

For practising SAHAJAYOGA, meditation twice daily is essential.

*"There is no meaning to your life unless & until you get connected with the divine"*

SHRIMATAJI NIRMALA DEVI or Dr. NIRMALA SHRIVASTAVA

www.sahajayoga.org